



# INANNA BANTU

KUNDALINI YOGA TEACHER

## PROFILE

Committed, passionate and spirit-led, Inanna Bantu is a dedicated Kundalini Teacher. Inanna's love and joy for Kundalini Yoga has taken her on a journey from student to teacher; she has studied with world-renowned teachers throughout Los Angeles and is passionate about sharing her love of Kundalini with the community.

A successful Costume Designer and Stylist, Yoga has been Inanna's way of staying grounded and centered. She is dedicated to living and teaching an enriched, empowered, enlightened life by sharing the blessings of the Kundalini teachings via Breathwork, Bodywork, Chanting and Meditation.

## CONTACT

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## EDUCATION

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**Yoga West KRI Certified 220 Hour Teacher Training Level 1**  
September 2016-May 2017

**Yoga West Kri Certified Teacher Training Level 2 Authentic Relationships**  
April 2017-May 2017

## WORK EXPERIENCE

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### Teacher

August 2017- Current, Los Angeles

Serving private students and communities by sharing teachings and practices of Kundalini Yoga via breathwork, body work, chanting and meditation.

- Has taught over 100 classes
- Has taught at Soulcation 's 3-day wellness retreat
- Has taught workshops on chakra balancing, strengthening the immune system, balancing the nervous system, calming the mind

### **Rocas Retreat, Temecula, CA** **November 2020- Present**

- Founding member and staff at Rocas Retreat
- Has worked closely with management to help launch Rocas retreat, and lead Kundalini classes/workshops for various retreats for visiting guests and local residents

Has and continues to build genuine relationships with clients, as well as socialize with clients and promote internal events and programs